



March 2018 - June 2022





Start Well was implemented in 2018 to develop the social-emotional skills of young children, ages birth to eight, by building supportive, collaborative relationships with Early Care and Education (ECE) providers in family child care homes (FCCH) and center-based programs. Our program utilizes Infant Early Childhood Mental Health Consultation Model and the Pyramid Model, both evidence-based practices in the field of early childhood mental health.

Goals of the Start Well Program:

- Increase the capability of ECE providers to care for young children with challenging behaviors and/or mental health conditions
- Connect ECE providers to the early intervention and mental health system
- Provide earlier identification and connection to early intervention and clinical care
- Reach families through ECE providers to educate, reduce stigma, and connect to services

Since 2018:

136 





Start Well has worked with 136 sites




89 **Completed the process**
and are sustaining services without direct support











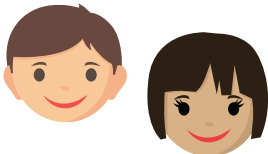

The program has served

 **24**

 **99**
Center-Based

 **13**

99 Center-Based sites, 24 FCCH and 13 Expanded Learning Programs

	Before Support	After Support
Percent of Programs Reporting at least 16% of the Children in the Program are Displaying Persistent, Ongoing, Challenging Behaviors	 21%	 12%
Likelihood to Remove a Child Permanently from Care	Somewhat Likely or Very Likely	
	 19%	 7%
Teachers' Abilities to Provide Opportunities for Social and Emotional Development	3.2  (1 = Poor; 5 = Excellent)	3.9  (1 = Poor; 5 = Excellent)
Staff Knowledge of available resources in the community to address challenging behaviors or mental health concerns in young children	3.2  (1 = Poor; 5 = Excellent)	4.0  (1 = Poor; 5 = Excellent)
Staff ability to effectively respond to children with challenging behavior	 3.0 (1 = Poor; 5 = Excellent)	 3.6 (1 = Poor; 5 = Excellent)
As a result of participating in the Start Well program, ECE providers have a greater understanding of:	Children's Social-Emotional Development  99%	Children's Mental Health  97%

Sites strongly agree that going through the Start Well process has improved their understanding of children's social and emotional development.

